



Senior Dining Program – Menu Summary for July 2015

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Moose Café will begin serving meals on July 8th.</p>		<p><u>July 1</u> Turkey with Gravy Dressing Lima Beans Fruit Cocktail</p>	<p><u>July 2</u> BBQ Chicken Legs Potato Salad Steamed Broccoli Wheat Roll</p>	<p><u>July 3</u> <u>HOLIDAY</u></p>
<p><u>July 6</u> Ham Sub Roll Broccoli Soup Fruit Cocktail Vanilla Wafers</p>	<p><u>July 7</u> Pork Loin Okra/Tomatoes Baked Sweet Potato Biscuit</p>	<p><u>July 8</u> Buttermilk Fried Chicken Mashed Potatoes Green Beans Watermelon</p>	<p><u>July 9</u> Hamburger Steak Macaroni & Cheese Collard Greens Peach Crisp</p>	<p><u>July 10</u> Chicken Salad Sandwich Lettuce & Tomato Vegetable Soup Potato Salad</p>
<p><u>July 13</u> Virginia Baked Ham Baked Sweet Potato Cabbage Cornbread</p>	<p><u>July 14</u> Chicken & Dumplings Carrot Casserole Wheat Roll Berry Crisp</p>	<p><u>July 15</u> Hot Dog Cole Slaw Baked Beans Banana</p>	<p><u>July 16</u> Roast Turkey Cornbread Dressing Mashed Potatoes Stewed Apples</p>	<p><u>July 17</u> Fried Shrimp Grits Tossed Salad Biscuit</p>
<p><u>July 20</u> Corned Beef Cheesy Potato Casserole Cabbage Cornbread</p>	<p><u>July 21</u> Chicken Casserole w/ Veggies Mashed Potatoes Wheat Roll Strawberries & Bananas</p>	<p><u>July 22</u> Spaghetti with Meatballs Tossed Salad Ambrosia Garlic Bread</p>	<p><u>July 23</u> Chicken Tacos Lettuce/Tomato/Cheese Refried Beans Watermelon</p>	<p><u>July 24</u> Fried White Fish Cole Slaw Macaroni & Cheese Cantaloupe</p>
<p><u>July 27</u> Cheeseburger Lettuce & Tomato Potato Salad Watermelon</p>	<p><u>July 28</u> Grilled Chicken over Chef's Salad Baked Potato Banana Pudding</p>	<p><u>July 29</u> Roast Pork Sweet Potato Soufflé Sautéed Yellow Squash Berry Crisp</p>	<p><u>July 30</u> Egg Salad Sandwich Vegetable Soup Pickled Beets Strawberry Shortcake</p>	<p><u>July 31</u> Baked Chicken Dressing Spinach Salad Fruit Salad</p>

Milk is served with every meal; main course items are listed. Crackers, bread, and desserts are not always listed.



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Together with the Buncombe County Council on Aging, a hot lunch is provided at the Lakeview Center for persons over 60 years old. Suggested donation - \$1.50 a day.

Reservations are requested by 10:30 a.m. the previous day.

Doors are open 10:00 a.m. – 2:00 p.m.

Come early for fellowship, jigsaw puzzles, and various other activities.

Lunch is served at noon.

Transportation is provided by Mountain Mobility and can be arranged through the Nutrition Site Center.

To make a reservation, kindly call by 10:30 a.m. (weekdays only) the day before to our Nutrition Site Director, Trevia Rhodes, at 828.669.2035

**Lakeview Center
401 Laurel Circle Drive
Black Mountain, NC 28711
(828) 669-8610
www.blackmountainrec.com**



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