

## Senior Dining Program – Menu Summary for December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Dec. 3</u> Turkey Sandwich Cream of Broccoli Soup Corn Salad Apple Crisp	<u>Dec. 4</u> Buttermilk Fried Chicken Mashed Potatoes Zucchini Squash Fruit Cocktail	<u>Dec. 5</u> Baked Spaghetti Tossed Salad Garlic Bread Jello w/ Mandarin Oranges	<u>Dec. 6</u> Breaded Popcorn Shrimp Coleslaw Macaroni & Cheese Applesauce	<u>Dec. 7</u> Beef Stroganoff Kernel Corn White Rice Banana Pudding
<u>Dec. 10</u> Hot Dogs Cole Slaw/Chili/Onions Baked Beans Sliced Peaches	<u>Dec. 11</u> Squash Casserole Collard Greens Sweet Potato Peach Crisp	<u>Dec. 12</u> Hamburger Steak Mashed Potatoes Green Peas Fruit Cocktail	<u>Dec. 13</u> SW Chicken Breast Black Beans & Kernel Corn Brown & Wild Rice Green Beans	<u>Dec. 14</u> Pork Loin Oven Roasted Vegetable Sweet Potato Souffle Applesauce
<u>Dec. 17</u> Flounder on a Bun Cole Slaw Baked Beans Cherry Crisp	<u>Dec. 18</u> BBQ Chicken Tenders Collard Greens Scalloped Potatoes Brownie	<u>Dec. 19</u> Swedish Meatballs Cream Style Corn White Rice Sliced Pears	<u>Dec. 20</u> Loaded Baked Potato Broccoli-Cauliflower Chili Applesauce	<u>Dec. 21</u> Baked Ham Baked Sweet Potato Pinto Beans Cornbread
<u>Dec. 24</u>  <i>Christmas Holiday</i>	<u>Dec. 25</u>  <i>Christmas Holiday</i>	<u>Dec. 26</u>  <i>Christmas Holiday</i>	<u>Dec. 27</u> Beef Stew Brown Rice Spiced Apples Cornbread	<u>Dec. 28</u> Salisbury Steak Mashed Potatoes Green Beans Sliced Peaches
<u>Dec. 31</u> Fried White Fish Green Peas Au Gratin Potatoes Cherry Crisp				

Milk is served with every meal; main course items are listed. Crackers, bread, and desserts are not always listed.

## Senior Dining Program - Menu for December 2018

In conjunction with Buncombe County Council on Aging, a hot lunch is provided Monday - Friday at the Lakeview Center for persons 60+ years old.

Suggested donation - \$1.50 per day.

Reservations are required by 10:30 a.m. the previous day.

Doors open at 10 a.m. - 1 p.m. Lunch is served at Noon.

Come early to socialize and/or participate in various activities as listed in the monthly newsletter and calendar.

Transportation may be provided by Mountain Mobility and can be arranged through the Nutrition Site Center.

***To make a reservation, please call the Nutrition Site manager, Trevia Rhodes at 828 669 2035 by 10:30 a.m. (weekdays only) the day before you would like to attend.***

\*Milk is served with every meal; main course items are listed. Crackers, bread, and desserts are not always listed.



**Black Mountain**  
Recreation & Parks

Lakeview Center for Active Aging

401 Laurel Circle Drive

Black Mountain, NC 28711

[www.blackmountainrec.com](http://www.blackmountainrec.com)